



# The 3 Sacred Keys

An Operating System for Quantum Transformation

Daniel Piatek

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*“We must be willing to let go of the life we planned  
so as to have the life that is waiting for us.”*

*- Joseph Campbell*

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## **An Operating System for Quantum Transformation**

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# THE 3 SACRED KEYS

## An Introduction

*"They thought that it would be a disgrace to go forth as a group.  
Each entered the forest at a point that he himself had chosen,  
where it was darkest and there was no path.  
If there is a path it is someone else's path and you are not on the adventure."*

*- Joseph Campbell*

The entirety of our existence is changing quickly and profoundly. There's so much change, so quickly, and it can feel nearly impossible to keep up. We are living through the most profound and rapid change that has ever happened. For example, more change happened in the last 10 years than in the entirety of our great-grandparents' lives.

It's critical to prepare for and practice riding the waves of change, both now and in the ever-accelerating times to come.

Profound, lasting, radical change is increasingly possible as more and more people transform, and as the energies we swim in are ramped up and elevated. Change which, a decade ago, would have taken years to accomplish can now happen in lightning speed by aligning ourselves with the energies of transformation which are streaming into the planet at this time.

Many of us have experienced what we would call Grace, where unexpected transformation happened in unexplained ways, and we wonder how it occurred. And more importantly, we ask ourselves how we can make it happen again.

During these times when profound transformation is being called for, how do we take Miracles out of the hands of Providence and put ourselves in the position where they become part of daily life, and less a matter of chance?

### **Who Am I? & How Do I Change?**

If you want to be, do, or have something that you have not been, done, or had before, you've got to do something differently.

Change! Transform!

You may recognize there is something not working in your life, and you may, in fact, have figured out what's wrong and what you need for change to happen. You may feel there's something wrong with you, and you need to fix it. Or that you have a profound problem and you need to solve it. Many, like you, are now feeling the need, the impulse, and the demand to transform themselves radically, fundamentally, and rapidly.

You are not alone.

However, before we begin to do anything, it's important to ask ourselves some fundamental questions and get clarity for ourselves. Why? Because the degree and scope of what's possible for us is limited by the unquestioned assumptions that are the foundation from which we approach our own transformation.

We must question what ground we are standing on as we endeavor upon change and transformation in our life. There are important questions to grapple with, such as:

➤ **How do we see who and what we are?**

Are we fundamentally flawed, wounded, or damaged human beings who have to rise out of our impaired or imperfect nature?

... *or instead*, are we fundamentally whole, perfect, and complete spiritual beings (having a human experience), and our dilemma is that we have to free ourselves from the innumerable ways we have been programmed to believe otherwise?

➤ **How do we see the nature of change and transformation?**

Is it the process of mending the broken parts, and then adding in or building the pieces that were left out at the factory?

... *or instead*, is it about removing everything that never was true about us in the first place, in order to uncover the perfection of who we are that lies in wait underneath?

➤ **Where do we look for profound and trustworthy guidance and support which truly has our best and highest interest at heart?**

Are we without answers or direction, and need to look around for perfected (or at least less-flawed) humans to provide us with the answers we need?

... or instead, do we have our own access to answers and direction, through a “Spiritual GPS System” that came factory-installed?



*The 3 Sacred Keys are borne of the realization that we are unlimited, spiritual beings who are already Whole, Infinite, and Free, and are able to find our own way out of all that never belonged to us.*



### **Our Old Operating System is the Problem**

Has it ever occurred to you that there may, in fact, be nothing wrong with you?

Has it ever occurred to you that the incredible difficulty you’re having in transforming yourself and your life is not due to your lack of commitment, capability, or capacity?

Has it ever occurred to you that these difficulties may be due to your largely unquestioned, and mostly unconscious, fundamental beliefs about self, the world, and about the nature of transformation?

Has it ever occurred to you that, in fact, it’s not you who’s deficient. Instead these fundamental beliefs (your current operating system) are making it impossible for you to be, do, and have what you need, and desire, to be, do, and have?

Your fundamental beliefs are faulty. If that’s true, if your operating system is flawed, then no amount of trying harder, longer, or differently is going to get you the profound transformation that your heart is calling you to at this time on Planet Earth.

What you need, first and foremost, is a new Operating System.

What’s needed is a new set of instructions operating in the background, a new internalized set of codes on how to make the machine (YOU!) function in such a way that you actually are able to get to where you feel you’re being called to go.

## **A New Operating System**

The 3 Sacred Keys proposes a fundamentally new Operating System. What does that mean?

Well, the operating system of a computer is the set of instructions that allow for the machine to function. It is the set of rules and operations that the machine uses to make sense out of the stream of data that runs through it.

Most of us are oblivious to the operating system of the computers we use every day. We don't have to think about it (at least until the computer crashes). We spend our time interacting with the applications (Word to create documents, Chrome or Safari to surf the internet, Outlook to send email, etc.)

But what makes it possible for these applications to work, is the thing that most of us never see nor understand – the operating system!

The operating system determines the nature and scope of what the applications can and cannot do. And most importantly, therefore, the applications we use are limited and defined by whatever limitations exist in the operating system (that set of rules we never see nor know much about).

The nature of, the limitations of, the functionality of, and the purpose for which the operating system was built, therefore determines the nature and scope of what can be done with and through our computers. Hence, they limit the results we're able to get as we use them.

The same is true in our lives! We so urgently need a new Operating System created for the purpose of getting us where we need to go during this profound opportunity for Transformation that we came to Planet Earth to participate in.

### **A Metaphor: Conventional Computer vs. Quantum Computer**

OK, breathe. Don't get scared. This is not going to be a math or physics lesson. However the difference between "conventional computing" and "quantum computing" illustrates well the difference between the conventional kind of change associated with

the old operating system, and the quantum transformation that the new Operating System of The 3 Sacred Keys makes available.

So, let's follow this metaphor: conventional computers arrive at their answers using transistors which can have one of two possible states (either ON/1 or OFF/0). Two possible states, that's it, to get answers to profound problems. Computations happen sequentially, one after the other, using strings of 1's & 0's (bits). This system is perfectly sufficient for normal, everyday tasks. Taken to its maximum extent, conventional supercomputers can find patterns and insights buried in vast quantities of already existing data.

Quantum computers are, however, fundamentally different! The bits they use for computation are not 0's and 1's, but rather things like electrons. These electron qu-bits (quantum bits) are not limited to being merely one of two possible states. Rather, they can exist in ALL of an infinite number of possible states between 0 and 1, simultaneously!

What does that mean?

Overly simplistically, what it means is that a quantum computer can execute multitudes of calculations simultaneously. In comparison with conventional computers which operate sequentially, quantum computers are literally "doing the impossible." They can find patterns in things that can't yet be seen, either because sufficient data does not exist, or the possibilities of finding an answer are too enormous to ever be processed due to speed limitations.

Like conventional computers, the conventional approach to change allows us to adapt, navigate, and do many of the things required in our normal, everyday life. There's no question that this is valuable and serves us well in many ways. In other words, there's much we can do and learn from the realm of manipulating already existing data to make our lives better. We shuffle around the parts, add in a thing or two (that we already know), and change can, and does, indeed happen.

But—and this is key—conventional approaches to change don't take us into uncharted, radically new, not-yet-seen territory. Furthermore, they will never get us to living life as our Authentic Self here on Planet Earth.

On the other hand, like quantum computers, a quantum approach to transformation opens us up to Infinite Mind. We gain access to the deepest parts of ourselves and to the Wisdom that is All of Life. This is the domain that The 3 Sacred Keys opens up for us,

the domain where what can't be seen and what isn't already known can indeed be accessed. When that happens, it becomes clear that "doing the impossible" is exactly what the quantum approach of The 3 Sacred Keys is built for!

### **Our Intentions Are Our Applications**

In the computer world, we use applications like Word, Chrome, Outlook, etc. These are what we see and interface with; they're the tools we use to do what we need to get done in our lives. When we want to write an email, we use the Outlook application; when we want to surf the internet we use the Chrome application.

Applications rely on the functionality, qualities, and capabilities of the operating system. Therefore, in very fundamental ways, what the applications are able to do for us is limited before we even click to open them, merely by the limitations of the operating system running behind them.

So, applying this metaphor to our day-to-day lives, applications are all of the things we want to be, do, or have: 'I want to have a relationship where I freely give and receive love and support;' 'I intend to write a book by the end of the year;' 'I want to be a confident mother;' 'I intend to be consciously living my mission, etc.'

They are the things which we are busy doing in our lives. Many of them are on autopilot and keep our life moving forward, for better or worse. While with others, we are more consciously applying our focus and intention. Either way, these intentions are the applications of our life; they operate on top of a set of fundamental beliefs which are largely unseen and unquestioned by us, and which place limitations on how far we can go.

Now, what would happen if we take those applications (the things we are busy doing in our lives, consciously or unconsciously) and make many of them conscious? Where would we end up if we began creating in the direction that our soul is guiding us through our deeper desires?

Then, what if we realize that we have been operating these applications on a limited, conventional computer where only limited, conventional change is possible (we take what we know, rearrange it, and add in some bits here and there without questioning fundamental limiting beliefs).

And finally, we decide instead to run our applications (our lives) on top of a limitless Operating System which is expressly built for limitless Quantum

Transformation, and we open up to being shown the way to exactly what our heart is calling us to?

What if we engage and pursue our intentions and our transformation (our applications) on a computer whose fundamental rules of operation are based in limitless possibility?

The result ... Miracles happen!

The YOU who is Whole, Infinite, and Free is freed from under all of the conventional programming. Your Authentic Self shows up more and more until it builds up enough momentum and familiarity that It's Life becomes the life you are living.

### **An Operating System for Quantum Transformation**

Here, I'll be offering you The 3 Sacred Keys. These principles are the fundamental Operating System for living a life where nothing gets in the way of you profoundly transforming your life.

The 3 Sacred Keys free you from the limitation which has been imposing itself on your life. The limitations of the old operating system, that have largely been working behind the scenes in us, will be eliminated.

The 3 Sacred Keys is the foundational framework—the New Operating System—that can have you living a life where magic happens all the time.

The limits of what is possible for the process of transformation itself get completely redefined! Because when you live from a foundation that does not limit the true nature of who you are—which is Unlimited—then the impossible is what happens in your life.

# Sacred Key #1

## "I Don't Know"

*"You enter the forest at the darkest point, where there is no path.  
Where there is a way or path, it is someone else's path.  
You are not on your own path.  
If you follow someone else's way, you are not going to realize your potential."*

*- Joseph Campbell*

Most of the what causes us to "get stuck," and not be able to make change, comes from not questioning basic assumptions we hold about ourselves and life. Basic, fundamental assumptions about everything. And most often, we don't even realize it!

When something is not working in our life, or when we feel the need or desire to change, we usually think we know what the problem is. We think we know what the solution is. Basically, without our realizing, we think we know almost everything about ourselves and our situation.

And if you pursue this further, you may see that the human predicament is that we think we already know quite a bit about everything!

So, if we want to be, do, or have something which is *entirely new* in our life, we'll need to begin to question things like:

- What we think "the problem" is;
- The way to get to where we want to go;
- What needs to be done to get there;
- What's possible (and not) for us, personally;
- What's possible (and not) for human beings, in general;
- And finally, what life is and how it really works!

You may ask, "What's wrong with holding beliefs and assumptions about all of this?"

Well, when we've been engaged in change that's *conventional*—in other words, change that's basically a rearrangement of all the things we know or think we know—nothing is necessarily wrong. The tools, approaches, and perspectives we've held actually have worked to get us somewhere. They've had their use. But, and this is a big but, they'll only take us so far.

Without realizing why, there comes a time when the conventional operating system (the mechanism of unseen and unquestioned assumptions that we hold about ourselves and the world, and through which we experience all of our life) no longer serves us as it used to. It's for that reason that we may begin to experience disappointment, frustration, and a loss of hope that we'll ever be, do, or have what our heart is telling us is possible.

And again, because this mechanism is almost entirely hidden to us, we may not realize the true cause of *why* we're experiencing such profound frustration!

However, as we begin to awaken and sense the voice of the Infinite within us—the voice of our Authentic Self—we may gain intimations of a dimension beyond the known and familiar. We may begin to sense a *quantum* possibility, a possibility for us and our life that is of an entirely different order.

The fact is that as we grow and develop, as we are raised and acculturated, human beings unconsciously adopt ways of perceiving ourselves and the world. Over time, these become deeply ingrained and largely unconscious habits of seeing, thinking, and feeling. They originate from our parents, families and ancestors, as well as from the larger culture, past and present. There are also the effects from our past lives.

Metaphorically speaking, the sum of it all is like the water that envelops the entirety of the fish's existence. The water is never truly seen; and, since it's not seen, it never has a chance to be explored, examined, or questioned.

When we are not consciously paying attention to what we're thinking, feeling, and doing—and *why*—we are simply living as the product of our conditioning. We are simply experiencing life from a sea of pre-determined viewpoints, conclusions, and possibilities which occurs for us simply as "what is."

Some of this serves us; some of this gets in our way. But much of it, in the end, will stand in opposition to our discovering and manifesting—especially in this time of the profound Ascension of ourselves and the planet—the person we were meant to be, and the life we were meant to live.

What's desperately needed in this picture, first and foremost, is simply openness and space. We need to free our attention, thereby rescuing our most precious human resource from the hypnotic trance of our conditioned and unconscious operating system. We need to free ourselves from the allure of the now internalized prison of thinking we already know!

We must create the space for the new to be able to get in.

## RETURN TO ZERO

Sacred Key #1, “*I Don’t Know*,” is the beginning. We must step out of the conventional operating system. This is the means by which we free our attention. And when we free our attention, we can create the needed space in ourselves to discover a new perspective. Our job is to create the space for it to happen.

In other words, we endeavor to return to zero, to hold onto nothing, to free ourselves to experience and perceive the present moment without bringing in anything from our past.

What do I mean by anything? I mean *anything*—any assumptions, at all! Assumptions such as: What the problem is; What the solution is; How to get from here to there; Who we are; What we are or are not capable of; How the world works; What’s right and wrong; *ad infinitum*.

I truly mean *anything*. And everything! These are beliefs that we hold mostly unconsciously, and they place HUGE restrictions on our lives. We therefore endeavor to drop the entire universe of “the known.”

The First Key has us drop the baggage of what we already know, including the belief that we should know.

## NOT NAIVE, IGNORANT, NOR FOOLISH!

However, this is not a state of naiveté. It’s also not a state of pretending that we don’t know what we, in fact, *do know*. It’s not forgetting what we’ve experienced, nor ignoring the wisdom we’ve accumulated in life. This is very important. These experiences and understandings have helped us become who we are. And they may yet serve us faithfully in the future.

But, here is the crucial distinction: You see, what we’ve experienced will have led to certain conclusions. Those conclusions were based on an understanding that arose through our existing perceptual filters at the time—a time when we may not have been as awake or aware as we are now; a time when the world around us may have been much different to how it currently is; or simply it was a situation which is not the same as the one facing us in the current moment.

So, we need to begin asking ourselves—how reliable or relevant are those conclusions for what is facing me right now?

Additionally, we've absorbed and integrated a great deal without our realizing it. We've adopted assumptions and understandings *without a conscious engagement in the process of acquiring them*. Much of what is operating within us was not consciously processed through our awareness; rather, it was inculcated through our particular family and ancestral inheritance, through our culture, and through the many messages that we took in, and continue to take in, without our being aware of what's actually happening. It's not of our own making and, thus, it remains largely unseen and unexamined by us.

We experience all of life, internally and externally, through glasses that aren't ours and that we don't realize we're wearing. All of these preconceived ideas form our perceptual filters that run continually under the surface of our ever-newly-unfolding experience. This is the content of our old perceptual framework—our conventional operating system. And if we don't begin to question, we continue to see and experience life through these glasses which keep us seeing life the same old way.

However, as we heal, grow, and raise our consciousness, how we see and experience life changes dramatically.

Sacred Key #1 does not ask us to throw away what we've learned, nor how we've navigated the world. We're also not being asked to uninstall the old operating system. No, not at all!

However, we *are* being asked to "leave it at the door," not just once, but in every moment. In this way, we begin to create a neutral state where we encounter what's *actually* there, experience how we're being impacted, and notice what our perceptions and reactions are to this present moment.

We can then see with fresh eyes what is actually in front of us. And often we're shocked to discover what was there all along, but which could not be seen through the old glasses that the old operating system provided.

## NOTHING'S WRONG

We have been taught that not knowing is a bad thing—it's a state of ignorance and irresponsibility that must be addressed and rectified. If we don't know, we had better figure it out, and quick! When we don't already know, we tend to feel vulnerable, deficient, and bad about ourselves. That's what we've been taught to feel!

Sacred Key #1 tells us that not already knowing is exactly where we want to be. It's not a state of deficiency at all. In fact, nothing's wrong. Everything's right! It's where true transformation begins. We can relax, let go, and allow life to happen—as it shall and will!

From this place, and this place alone, the miracles that life has queued up for us begin to be perceived by us.

### **MAINTAINING OPEN SPACE**

With Sacred Key #1 we endeavor to create a space that is unspoiled by the imposition of the entire realm of "I already know." This allows the various dimensions of what life actually is to appear to us, as it is in this moment. This allows us access to the new energies and to receive the guidance and inspiration we are needing to respond to right now.

Furthermore, we also endeavor to allow the new information or the new perspectives that open up to us simply to be as they are. We resist the unconscious habit of taking what is new and almost immediately making it fit into pre-determined views, beliefs, ideas, conclusions, or opinions about what is true about us or about life.

In order to practice Sacred Key #1, we must cultivate increasing degrees of self-awareness and self-reflection. We begin paying closer attention to the symphony of voices, insights, perspectives, and emotions arising within us.

# Sacred Key #2

## *"I Want to Know"*

*"A hero ventures forth from the world of common day  
into a region of supernatural wonder:  
fabulous forces are there encountered  
and a decisive victory is won."*

*- Joseph Campbell*

As we've seen in Sacred Key #1, *"I Don't Know,"* most of the ways we see ourselves and the world were formed a very long time ago. *But*, we're not the same people we were then; we're playing a different game now; we're in new circumstances; this is not the same world as it was, even just a short time ago. Thus, what was true a moment, a day, a month, or years ago, is most likely not true now!

Sacred Key #1 puts us in the position of creating space around the beliefs, assumptions, conclusions, facts, opinions, and everything else we've accumulated in life.

This key does not ask us to give them up, nor pretend that they don't exist, but simply to not impose them onto the present moment. Key #1 *makes us available to see* what is there for us, right here, right now, exactly as we now are!

The next step is Sacred Key #2, *"I Want to Know."* It says that, if we truly want to know what to do, to know what's true now, and to know how to move forward, it's important to cultivate the desire to *lean into experiencing life without already presuming what we're going to find.*

In Sacred Key #2, we cultivate the interest and desire to do just that—to lean into the unknown. In this way, we make ourselves accessible to new information and to being able to discern something new. We can receive the information or direction we need that is perfectly suited to who we are, and where we are, right here and right now!

### **CURIOSITY and WONDER**

Sacred Key #2, *"I Want to Know,"* cultivates our interest and openness to discover. It makes all of our senses available to experiencing this particular moment through a clearer lens, making us available to see a new perspective.

Sacred Key #2 is enlivened by two very human qualities: curiosity and wonder. When we open up to the world with fresh eyes, when we experience awe in the presence of what's before us, when we become interested in discovering what was previously not seen, our lives become an adventure.

"I wonder what ... ?" Imagine encountering your life through this sense of open-ended curiosity! Indeed, curiosity and wonder are potent tools. They make us available to discover the new. These are tools to not only explore the outer world, but even more importantly, to explore the working of our mind and emotions. Immediately, our habitual and programmed responses to life become porous, allowing us access to the open space that Sacred Key #1 cultivates. The phenomena that arise in that open space is what Sacred Key #2 seeks to discover, value, and protect!

## RECLAIMING OUR ATTENTION

As we practice this position of wonder and curiosity, our conventional operating system of "I already know" will continue to serve up all the preconceived ideas, beliefs, and opinions. That's its nature and function. And over time, if we're paying attention, much of what we thought we knew about life may reveal itself to be little more than a tape mechanically replaying the same old ideas. These ideas often have little or no relevance to what's in front of us now.

In that context, we begin to experience a very important human capacity – the ability to *consciously* determine where we place our attention. That may sound simple. However, that's what Sacred Key #2 is about – and why it is absolutely necessary.

Because where we focus our attention determines our experience of life.

Indeed, without our realizing it, an enormous power lies in our hands! Sacred Key #2 engages and actualizes that power, as we become responsible for our most valuable resource – *our attention*.

In the process, Sacred Key #2 liberates us. We begin to realize that it helps us embody several things simultaneously. Sacred Key #2 makes it possible to allow the mind do what **it** does (which is analyze things), and allow the emotions do what **they** do (which is to dramatize things), while - *at the same time* - allowing us to maintain the open space of "*I Don't Know*." In other words, no matter what, we persist in giving our attention over to curiosity and wonder!

Sacred Key #2 also implies something significant: that we can be open to experience what is *actually* there for us. It helps us to assume a posture of openness to Life. We become open to seeing, hearing, and knowing things as they are showing up for us.

Now, in some circumstances, that will make us uncomfortable.

This is a simple, but crucial point! Without realizing it, many of us experience life through the filter of wanting comfort. And for us humans, the experience of the new, of anything which threatens the status quo, tends to generate discomfort.

However, if we want to stretch and grow, and even more so if we wish to fully cooperate with our Ascension process, we simply must create space. We have to make room beyond our beliefs and opinions. We have to even leave room for things we believe to be impossible, things which are unpleasant, things we think are untrue, and things that we are not even able to imagine!

In doing so, there is a huge payoff! Living in a state of curiosity and wonder frees us from the limitations that control our lives. As we exercise a newly-expanded power of choice, we liberate ourselves from hypnotically yielding our attention to the programming, both within and without! This frees us to perceive that which exists beyond all of those limitations.

## THE NEXT RIGHT STEP

Let's ask a simple question: most of the time, what is it that we really want? Well, if we're honest with ourselves, we may see that nearly all of us are driven—mostly unconsciously—by the impulse to survive and to be comfortable.

Impulses to maintain safety and comfort motivate all living creatures, including all of us humans! And, while it's part of what has delivered us to this moment in history, personally and collectively, we can now become consciously aware of that motivation and begin to free ourselves to experience life beyond the limitations that are imposed by this drive.

So let us delve deeper into the impulse to survive, in the context of change and transformation. This impulse compels us to : identify exactly what needs to be changed; figure out how to change or solve it; know all 100 steps necessary for it to work out; and finally, know that it *is* going to work out, and that we're going to be ok.

The impulse to survive is so strong that, even before we're willing to make any move whatsoever, we want to know everything about what's going to happen to ensure we'll be ok! We want to see the whole picture in order to ensure our safety, so we don't jeopardize ourselves.

But, life doesn't actually work that way! Our True, deeper, higher, infinite potential won't be activated by simply devising and following a plan. The truth is that we cannot

plan everything out. The world around us, and the landscape within us, is far too complex. Things are changing far too rapidly, and where we are going is so far beyond our ability to comprehend, that yielding to this motivation will severely limit our outcomes.

There's phenomenally good news, though! We humans now have available to us a depth of cognition and self-awareness that was not possible before. There is the potential for a kind of radical transformation—individually and collectively—that was heretofore unimaginable.

Therefore, instead of wanting to know the whole picture—in advance!—Sacred Key #2 asks us to *suspend* responding to that desire in us. It asks us to be willing to *discover* our way, one step at a time. It asks us to move forward, led by wonder and curiosity, and free our attention to perceive what is actually there.

As we do, we will begin to see that a stepping stone always gets laid down, showing us where next to place our foot as we step forward. And then another, and another. In the process, we continue to keep our sights clear. We keep allowing ourselves to perceive what is present. We move forward with empty hands, allowing for the possibility that the right steps will emerge, slowly or quickly, as they will. It's not up to us. And yet, we are newly empowered to perceive and discover what's actually in our midst, showing us our next right step now!

## A BATTLE WORTH FIGHTING

The state of who we are, as Infinite Being, is omniscient and omnipresent Awareness. It could be said that who we are is a Point of Awareness in the Mind of God.

And, believe it or not, a natural capacity of this Being, here on Planet Earth as Authentic Self experiencing life through this human body, is to be able to access that Infinite Awareness!

And yet, in order to experience and embrace this exceptional capacity, we must begin to free ourselves from the hypnotic trance in which, without realizing it, we are almost completely absorbed! We must begin the process of freeing ourselves from the fear, self-doubt, and all the limiting thoughts, beliefs, attitudes, and conclusions which are operating behind the scenes

It is in response to this all-encompassing, hidden condition that Sacred Key #2, "*I Want to Know*"—the cultivation of wonder and curiosity—is so crucial.

Why is this so important? One reason lies in what is called “confirmation bias.” Simply put, confirmation bias refers to the human tendency to exclude anything that does not conform to what we *already* believe to be true. Confirmation bias is a significant aspect of the old operating system that has been running us. If we don’t consciously step in to interrupt that operating system—through cultivating a state of wonder, curiosity, and discovery—we will continue to exist as more-or-less the same old person, living the same old life.

Now, as we begin to liberate our attention, as we begin to live in an open-ended condition of wonder, we will increasingly become aware that we’re always surrounded by messages. And the truth is that the great majority of these messages, coming from a multitude of sources both within and without, reaffirm fear, hopelessness, divisiveness, helplessness, and the like.

If we pay close attention, we will begin to see that these are the messages promulgated all around us constantly—in the media, on the internet, and elsewhere. These messages are ubiquitous in today’s world! As well as promoting fear and hopelessness, they communicate the belief that we cannot know things directly for ourselves. All of this serves to keep us hypnotized, limited, and paralyzed.

Though it may seem radical, and though these messages come from so much of what we experience day to day, it is crucial to disconnect from them. That way, our attention becomes liberated to serve a new possibility. It becomes freed to be consciously directed by us through the intentions we set. In the context of our intentions, our attention is freed to recognize the next right step for us to take, and then the next, and the next.

Yes, it’s work. Freeing ourselves from the free-range prison we live in is work. But as you practice Sacred Key #2, you’ll be granted a tremendous gift—a deep sense of the Rightness of Life.

How is that?

When we begin seeing the incessant messages of fear, self-doubt, and the like, we discover the ability to see through and around them. By seeing them consciously, they no longer have to be the glasses through which we see all of life.

Instead, we begin to discover that there are also other messages, messages of an entirely different sort.

We discover that Life is always providing us exactly what we need in order to take our next right step now. We find that we are being amazingly, perfectly, and ever so lovingly guided. There’s no need to take this as a matter of faith. This is something that

will literally come alive for you as you begin to take up this fight for your own Attention.

Experiencing that All of Life is always, already showing you your next right step now is the gift Life bestows as you embark on the journey of living from Sacred Key #1, *"I Don't Know"* and Sacred Key #2, *"I Want to Know."*

## Sacred Key #3

*"I'm Willing to Act on What I Discover"*

*"If you can see your path laid out in front of you step by step, you know it's not your path.*

*Your own path you make with every step you take.  
That's why it's your path."*

*- Joseph Campbell*

We, especially in the West, swim in waters where action is prized. It's ingrained in us that to get what we want, we have to go for what we want. Work hard and you'll get somewhere. Set your goals and take massive action, that's the way to success. And on and on it goes.

But as has been stated earlier, when we are talking about unfolding and embodying the deepest aspects of who and what we are, the place from which we take the action determines the outcome. The place where we reside in relation to our own experience (our operating system) will determine not only the action we take, but also the effect of these actions.

All the assumptions, beliefs, attitudes, etc. that one is holding, whether we're aware of them or not, will place limitations on the nature of the outcome which can be achieved through the actions we take.

This is not necessarily a problem for much of what we have to deal with in life. However, when it comes to transforming our lives, our being, and our consciousness, these limitations cause us to have such tremendous difficulty actualizing the more pressing desires in our heart.

We sense that we have so much more locked up inside of us, and just can't seem to find the key. We can get frustrated, and even feel hopeless at times, about how we're going to get where we feel we are being called to be.

So before exploring the world of action, let's stop for a moment for a short review. This discussion of action must be firmly rooted in Sacred Keys #1 & #2.

## **SACRED KEY #1 & SACRED KEY #2** **“I Don’t Know” & “I Want to Know”**

Sacred Key #1 has us drop the baggage of what we already know. We endeavor to let go of the entire realm of already knowing. We move empty handed into our current moment and allow our experience to arise in clear, open, receptive space. This allows us to have the possibility of seeing the world in a fresh way.

Sacred Key #2 has us embrace curiosity and wonder as a fundamental relationship to life.

It tells us that, through the power of our own intention, we can choose where we place our attention. We can engage with life freely, wanting to know our next right step, and experience for ourselves that the answer we need is there right in front of us!

The first two Sacred Keys allow us to be open and eagerly receptive. They allow us to experience something new, fresh, and perfectly suited to exactly who we are and to the circumstances of our life right now. We can transcend our old beliefs, attitudes, and filters by holding onto all of it lightly, not tightly!

Sacred Keys #1 and #2 appear to conjure revelation, as we discover step by step that what we need to see or know shows up for us. But once revelation has descended (in the myriad ways that it does, from mundane to dramatic), what do we do then?

Do we allow ourselves to be appeased by simply knowing our next right step? Do we settle with the relief of experiencing that, indeed, we are not alone in figuring out the mystery of how to navigate into the truer aspects of who we are?

Or instead, do we respond to what we see, and find within us the courage to lift our foot, extend it out in front of us, shift our weight forward and see what happens when it lands down in new, unexplored territory?

## **BEING WILLING**

Sacred Key #3 implies something about how, and from where, we are impelled to take action. It says that we must cultivate a willingness to act. What does that mean?

It means that we must allow ourselves to be inspired to act in response to what is revealed by practicing Sacred Keys #1 & #2.

“I’m willing to act on what I discover” exhorts us to be willing and active participants in creating our own unique path forward by putting one foot in front of the other. Time and time again.

First, let's look at the word willing. Willing means we are prepared, ready, and eager to act. It implies an easeful acceptance of the need to do what it takes. We allow ourselves to be moved and guided; we surrender the illusion of control and accept that life is an ongoing process of transformation. We become willing to embrace this process and see our life as an ongoing adventure of learning, growth, and development.

From this place, the willingness to act becomes one of faithful surrender. We become willing to act upon that which arises in the space created by Sacred Keys #1 & #2. We become responsible to what we, ourselves, directly see, experience, know, sense, and feel. We surrender to it ... by acting upon it.

## INSPIRED ACTION

As we practice Sacred Keys #1 & #2, we discover that we gain important information about our circumstances. We begin to feel, sense, or know how to respond to what lies before us, at any given moment. The more we practice, and the more that is revealed to us that feels profoundly perfect, our willingness to act upon these revelations strengthens and deepens.

We open up to a new way of knowing—one that can reveal the perfect action in response to any given moment and set of circumstances in our life. This perfect action is often not simply deduced (or even induced) from our collection of thoughts, beliefs, opinions, and values—this is how the old operating system functions.

Rather, this new Operating System reveals answers from a dynamic, curious, innocent engagement with what's right there in our midst.

By not dragging anything into this moment, what we didn't previously know that we need to know can be seen by us. And then oftentimes, information which we already knew can enter our awareness, but in a new way which perfectly solves the dilemma which we are facing in this moment.

New puzzle pieces appear, others that we already had reorient themselves, and suddenly we are able to discern the next right step!

As we practice our ability to discern the next right step, and then act upon it and experience the result—our trust increases. We sink deeper and deeper into a state of openness and receptivity, wanting to know and awaiting the “a-ha moment”—that moment when we experience a sense of rightness about what we see, notice, sense, intuit, or feel, and an energy starts to impel us forward.

The more we trust this experience of rightness, the more we allow ourselves to be moved, nudged, pushed, and pulled into making inspired choices and taking action.

Over time, and with practice, our life becomes an adventure of the continual unfolding of next right steps.

## FIND YOUR OWN WAY

Sacred Key #3 invites us to be willing to discover, explore, and test our ever-expanding powers of accessing guidance. This is the power to discern, directly and in real-time, what the next right step is for us in any given situation or set of circumstances.

We must remember that Sacred Key #3 stands upon the shoulders of that which comes before (Sacred Keys #1 & #2). In order to take action which serves to create our lives in the image of our Authentic Self, we need to be consciously practicing Sacred Keys #1 & #2.

Otherwise the actions we take will be the fruit of the old operating system and will merely serve up different permutations of that which is known and limited. We will be making our way somewhere, but it won't be to where we're being called to go.

As we continue practicing The 3 Sacred Keys, we slowly release our conscious and unconscious adherence to the beliefs, dogmas, ideologies (the "-isms") that we'd previously used to guide our lives. There are countless numbers of them, most of which we are not aware are operating within us. The more we see them and release them, the more we are freed to find our way, one step at a time, to living life without limitation.

Over time, through our willingness to act and then experience the outcome, we will come to know that the guidance, knowledge, and information we're receiving is incredibly trustworthy. Even *miraculously* so.

Our skill at receiving this guidance will increase as well. Eventually you will live in the deep knowing that not only can you trust what comes to you, but the wisest thing you can do is to trust. Trust expressed through Action!

You will have taught yourself, and allowed yourself to be taught, *how to find your own way*. Over time, you'll come to realize that you are actually living the life you came here to live.

You will have begun fulfilling your destiny!

# The Hero's Quest

*"The hero of yesterday becomes the tyrant of tomorrow,  
unless he crucifies himself today."*

*- Joseph Campbell*

The 3 Sacred Keys are about participating with All of Life in order to live as our Authentic Self on Planet Earth at this time.

They put each of us in the flow of knowing our next right thing to do at any moment in time. In order to stay in the flow, we always have to hold lightly what we already know, we have to want to know our next right step, and then be willing to act when the next right step is revealed.

By living and practicing The 3 Sacred Keys, we find ourselves being inspired to take action. And, once we've taken the action we're impelled to take, we then have to assume a *hero's stance*. In what way, you might ask?

As we embrace living from this new, dynamic Operating System of The 3 Sacred Keys, we discover over and over that we do indeed receive the next right thing for us. And there are times when the exact, perfect, right answer can tempt us to believe, "Now I've got it! Now I will know what to do *the next time*."

It's a very natural thing to do. Remember, it's very human to be driven by seeking security; we want to know who we are and that we will be ok.

However, in the context of this new Operating System, once we take action on what shows itself as the next right step, we have to immediately return back to the place where we started—to Sacred Key #1. We have to return to the place of "*I Don't Know*." We hold loosely the miraculous insight that, just a moment ago, was possibly the most perfect answer ever, one which gave us a profound sense of peace and rightness. We must resist the pull to return again to the land of *I Already Know*. We have to once again return to not knowing.

This is a most courageous act! This is the work of The Hero's Quest.

In this way, we'll remain open-handed, receptive and ready to receive new information. We'll have resisted the allure of adding yet another bit of content on top of the old, conventional, static operating system of fixed beliefs, ideas, conclusions, and the like.

We'll heroically avoid the pitfall of living a life defined by a dogma, a belief system, or ideology. Previously in human history, these -isms of all sorts provided the ways to navigate through life. But now we choose to navigate holding nothing in our hands, guided primarily by our own internal compass.

### **CHOOSE TO BE BLIND SO NOW WE CAN SEE**

The 3 Sacred Keys teach us that we must walk blindly and empty-handed to always be available to discover our next right step. They show us that, in order to increasingly embody our Authentic Self, there simply is no other way. Indeed, as we'll begin to realize, anything else is, at best, merely an improved version of limitation.

The 3 Sacred Keys put us in the place where our attention becomes freely available. When the answer shows up, we can allow it to be there without dismissing it or without making it into something that it is not. In that space of neutrality, it can unfold its answer for us. By choosing to move forward in a state of open-ended discovery, we can begin to miraculously find our own way forward.

Adopting and practicing The 3 Sacred Keys as our new, fundamental operating system, will allow us the possibility of being entirely, completely, utterly, startlingly free from limitation of any and all sort.

We become increasingly receptive to the infinite wisdom and guidance that's available to us. By ceasing to cling to ideas, beliefs, conclusions, etc. about who we are (in every possible sense of what that could mean), we begin to discover the multi-dimensional wonder of who we truly are.

And we will, finally, be creating a human life that is truly our own. A life which is an ongoing revelation and exploration of our multi-dimensional, unlimited, Authentic Self.

# The 3 Sacred Keys



if lived with intention, commitment, and consistency,  
will take you to the life you are meant to live,  
being who you are meant to be,  
here on Planet Earth at this time.



# Continuing Your Journey

*“The privilege of a lifetime is being who you are.”*

*- Joseph Campbell*

Daniel Piatek supports people to walk their own Hero's Quest in a number of ways.

- If you would like to periodically receive practices, tools, tips, information, and notifications related to living life from The 3 Sacred Keys Operating System:  
<http://bit.ly/The3SacredKeys>
  
- For information about Daniel Piatek's work supporting individuals to embark upon, and to successfully walk, their own Hero's Quest:  
[www.HeroAcademy.com](http://www.HeroAcademy.com)
  
- For information about Introspective Hypnosis (the methodology used to receive the guidance from Archangel Michael presented at the beginning of this book):  
<http://bit.ly/HealingHypnosis>
  
- If you wish to contact Daniel Piatek directly, you can email to:  
[Daniel@HeroAcademy.com](mailto:Daniel@HeroAcademy.com)